

AMTA-IDAHO CENTRAL UNIT MEETING AND WORKSHOP

Saturday, August 21, 2010, 1:00 to 5:00 pm in Twin Falls, Idaho

SCIATICA OR PAIN IN THE OSSA COXA?

Instructed by Cynthia J. Langston

4 Continuing Education Hours

AMTA-Idaho is an NCBTMB Approved Provider, # 450392-07

ABOUT THE WORKSHOP. Is it Sciatica, or Ossa Coxal dysfunction? Differentiation and treatment will be taught during this four-hour workshop. Cynthia has a way of making each class fun and interesting while sharing her expertise in connective tissue bodywork.

ABOUT THE INSTRUCTOR. Cynthia J. Langston graduated from the Idaho School of Massage Therapy in 1984 and has been at her practice ever since. Her area of expertise is Connective Tissue Bodywork, based on the work of Dr. Janet Travell in the area of myofascial pain and dysfunction. Additionally, myofascial release and craniosacral techniques are the key ingredients in her successful medical massage career spanning a quarter century. Cynthia used these skills almost exclusively during eight years in a chiropractic setting working with acute injuries, whiplash and chronic pain. Additionally, two years in Boise State University's Athletic Training program helped hone her skill with athletic injuries.

In 1991 Cynthia developed and offered instruction in Connective Tissue Bodywork becoming a reliable source of Manual Trigger Point Therapy in the Treasure Valley. In 1994 Cynthia joined Ruth R. Haefer, co-owning the Idaho School of Massage Therapy, serving as Administrator and Director of Education. As one of the primary instructors at ISMT, she taught Anatomy, Physiology, Kinesiology, Professionalism, Record Keeping, Sports Massage, Spa Applications, and five separate classes in Connective Tissue Bodywork. As an avid athlete, Cynthia has enjoyed a variety of physical outlets, including soccer, taekwondo, sea kayaking, and swing and ballroom dancing.

REGISTRATION. Please fill out the form below, make check or money order payable to "AMTA-Idaho," and mail form and payment to Patti Slagel, 350 Shadetree Trail, Twin Falls, Idaho 83301. Contact Patti with questions at 208-420-0333 or psintwin@yahoo.com. Register by August 1st, and a full detailed e-mail will be sent to you with the location and class room needs. I will look forward to seeing you there. Patti

REGISTRATION FORM

Central Unit Meeting and Workshop, August 21, 2010

Name _____

Telephone _____

Address _____

E-mail _____

Please enclose payment of \$65 with this registration form.
Registration deadline is August 1, 2010.