

AMTA-IDAHO NORTHERN UNIT MEETING AND WORKSHOP

Saturday, August 21, 2010, 8:00 a.m. to 3:00 p.m. at
Gritman Therapy Solutions, 810 South Main, Moscow, Idaho 83843

MANUAL MUSCLE TESTING

Instructed by Milo Griffin, PT, GCFP

4 Continuing Education Hours

AMTA-Idaho is an NCBTMB Approved Provider, # 450392-07

8:00 - 9:00 Registration, Meet and Greet, Breakfast

9:00 - 1:00 Training

1:00 - 2:00 Lunch on your own (a list of nearby eateries will be provided)

2:00 - AMTA-Idaho Northern Unit Meeting (agenda to be confirmed, but will include discussion on possible legislative activity in 2011)

If you cannot attend the continuing education program, please come to the meeting and vote!

ABOUT THE WORKSHOP. Muscle testing is an integral part of physical examination. It provides information not obtained by other procedures in the treatment of neuromuscular and musculoskeletal dysfunction. This introductory class will teach you to incorporate manual muscle testing of major muscle groups as part of your initial assessment. This method of differentiating painful structures will make you more efficient in relieving your clients' painful musculoskeletal conditions. This workshop will be at least fifty percent hands-on lab, focusing on techniques that are both gentle and immediately applicable. Please wear loose, comfortable clothing. A limited number of tables are available.

ABOUT THE INSTRUCTOR. Milo did his preliminary Physical Therapy coursework at Central Washington University in Ellensburg, Washington and received his Physical Therapy degree from the University of Washington, Seattle, graduating in 1988. He has continued with his studies in subjects ranging from Myofascial Release, Hellerwork, Trager, posture and balance, to spinal assessment and manipulation. In 1993 he was introduced to the Feldenkrais Method by Dr. Frank Wildman, studied under Jeff Haller in Vancouver, BC, and graduated as a Guild Certified Practitioner in 1997. He is currently working on his Manual Therapy Certification through the North American Institute of Manual Therapy and is recognized as a Certified Clinical Instructor through the American Physical Therapy Association.

REGISTRATION. Please fill out the form below, make check or money order payable to "AMTA-Idaho," and mail form and payment to Paul Weston, PO Box 8192, Moscow, Idaho 83843. Contact Paul with questions at 208-883-6361 or westop@gritman.org.

REGISTRATION FORM

Northern Unit Meeting and Workshop, August 21, 2010

Name _____ Telephone _____

Address _____ E-mail _____
Street Address or PO Box City Zip Code

Please mark one of the following and enclose form with payment:

_____ \$75 **member early registration (postmarked before July 31st)**

_____ \$80 member registration (postmarked after July 31st)

_____ **\$80 non-member early registration (postmarked before July 31st)**

_____ \$85 non-member registration (postmarked after July 31st)

_____ **\$50 student early registration (postmarked before July 31st)**

_____ \$55 student registration (postmarked after July 31st)