

# Idaho In Touch

A Publication of the American Massage Therapy Association - Idaho Chapter Vol. 15 No. 2 Summer 2008

## A MESSAGE FROM THE PRESIDENT

Dear Members,

A new and exciting time is ahead for all of us. Spring is finally trying to approach, and spring always represents new life. We recently had our AMTA-Idaho State Convention. It was held in Idaho Falls this year. It turned out very well, we met new and old friends, both from around the State as well as some that came from Montana. There were two classes offered – Massage for the Cancer Patient taught by Jamie Elswick, as well as Structural Relief Therapy taught by Taya Countryman. Both classes were well received and well attended. Gayla Nickel pitched in as a relief teacher in our Ethics class, and we want to thank her for helping out.

We elected new officers, and we want to welcome them and thank them for their willingness to volunteer and serve. We are gearing up for a fun-filled Officers' Retreat and Leadership Training in Boise in June. The training is important for the new officers and gives them a chance to learn the Bylaws, Standing Rules, and Policies and the way the Chapter is run. This helps them better serve the members. It also gives them an opportunity to become acquainted with the other officers and brain storm ideas with them.

National Convention is early this year. It will be held September 18-21 in Phoenix, Arizona. I would like to encourage all who can attend to do so. It can be a great chance to learn and meet therapists from around the country.

Lastly, I want to thank Brenda for her service as our past President. She has done a great job and will be sorely missed. I also want to take this opportunity to thank the members for the opportunity to serve as their new President. I know I have a lot to learn, but I am looking forward to the opportunity.

A thought or two to begin your day:

“Experience is the name everyone gives to his mistakes.”

– Oscar Wilde

“Friendship is a cozy shelter from life's rainy days.”

Sincerely, Trisha

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## DATES TO REMEMBER

Officers' Retreat/Leadership Training	June 20-22
Unit meetings and workshops	September 5-6
Board of Directors Meeting	September 13
AMTA-National Convention	September 17-20
AMTA-Idaho State Convention 2009	Early May

## NEW MEMBERS!

### Northern Unit

Kelly Broyles-Presden	Lewiston
Dona J. Grafton	Hauser
Stephanie J. Garcia	Post Falls
Janine Ragsdale	Hayden
Sara M. Wood	Post Falls

Welcome!! Look for your unit representatives in the “AMTA-Idaho Officer Roster” later in the newsletter and feel free to contact them for information. You can also log on to the chapter website at [www.amtaid.org](http://www.amtaid.org)

## WHAT KIND OF MEMBER WILL YOU BE?

Will you be an active member,  
The kind that would be missed?  
Or are you just content  
That your name is on the list?  
Will you attend the meetings  
And mingle with the flock?  
Or will you stay at home  
And just criticize and knock?  
Will you take an active part,  
To help the work along?  
Or are you satisfied to be  
The kind who just belongs?  
Will you work on committees  
And help get work done quick?  
Or leave the work to just a few,  
And gripe about the "clique?"  
So come to meetings often,  
And help with hands and heart.  
Don't just be a member,  
But take an active part.  
Think this over my new friend,  
We need you in the throng.  
Are you an active member,  
Or do you just belong?

– Author Unknown

–

Kim Wallingford, Dydy Cleven, Linda Smeltz

## VOLUNTEERS NEEDED

We are in need of the following volunteers:

Central Unit Assistant Representative  
Eastern Unit Representative  
Eastern Unit Assistant Representative  
Newsletter Marketing Chairman  
Membership Chairman  
Government Relations Chairman

Please consider serving your chapter in one of these capacities. For information on the responsibilities of these offices or to volunteer for one of these positions, contact Trisha Pennell at 208-521-4416 or [trisha@juno.com](mailto:trisha@juno.com).

## BENEFITS OF VOLUNTEERING

Volunteering to serve as an officer in the chapter is an exciting opportunity that provides many benefits:

- ✓ Attend the Annual AMTA-Idaho Officers Retreat and Leadership Training, expenses paid
- ✓ Learn more about the association, how it is structured, and how it functions
- ✓ Get to know other officers and therapists and exchange ideas on work and leadership

- ✓ Experience the fulfillment and reward that comes from becoming a contributing member of the world's largest non-profit massage association
- ✓ Build your confidence and professionalism through attendance at meetings, workshops, and conventions with other professionals

To volunteer, simply contact Trisha Pennell at 420 North 4200 East, Rigby, Idaho 83442, 208-745-7620, 208-521-4416, [trisha@juno.com](mailto:trisha@juno.com)

## THANK YOU!!

- \* To all who volunteered to run for elected offices at the AMTA-Idaho Annual Member Meeting in May, and congratulations to those who won the election!!
- \* To Trisha Pennell and Tammie Wood for hosting such a successful and uplifting state convention. You did a marvelous job!!
- \* To Brenda Foster for serving as our chapter president for the past four years, and for being responsible for completing the process of getting our chapter approved as an NCB provider!! Well done! Thank you for serving our chapter. May you reap the rewards that come from giving of your time and energy. You are greatly appreciated!

## CONTINUING EDUCATION

**July 17-20, 2008, in Bend, Oregon**

**Structural Muscular Balancing**

**By Gayla Nickel, NCB approved provider**

Structural Muscular Balancing honors the concept of uniqueness and individual needs and uses tools to assess the client's own neuromuscular patterns through proprioceptive feedback. The SMB protocol guides you through the main structural muscles, creating a balance that is felt immediately by both therapist and client. Though gentle and non-invasive, SMB is extremely effective at working deep within the client's body to reset neuromuscular patterns that are creating tension, pain, and discomfort. SMB can be conveniently incorporated into your current method of treatment.

The cost is \$475 for new SMB participants and includes an SMB manual. The cost for participants repeating the training is \$225. Contact Gayla Nickel at 208-524-1696 or [gogthermas@aol.com](mailto:gogthermas@aol.com) for more information.

November 1-3, 2008, in Idaho Falls, Idaho

## Massage for the Cancer Patient II

By Jaime Elswick, NCB approved provider

Those who have had the pleasure of working with Jaime in *Massage for the Cancer Patient I* will now be privileged to enjoy her teaching skills again as she moves us forward in our cancer massage training. This workshop goes into advanced skills that will benefit the cancer patient who is dealing with side effects from treatments, such as lymphatic drainage and scar tissue treatment.

The prerequisite for this class is *Massage for the Cancer Patient I*. For more information on the class contents, contact Jaime Elswick at 907-230-5258 or [jaimie.elswick@yahoo.com](mailto:jaimie.elswick@yahoo.com). Logistical information will be printed in the next issue of *Idaho in Touch*.

NCB APPROVED

## CHECK OUT THE NEW CHAPTER WEB PAGE

Thanks to Stacy Fisher, you can now find information about the chapter on our new website.

It looks amazing!!

[www.amtaid.org](http://www.amtaid.org)

## AMTA-IDAHO CHAPTER IS NOW AN NCB APPROVED PROVIDER

What does this mean for you? All continuing education offered to you by our chapter will be NCB approved for your convenience. ***This is also retro-active three years prior to May 29, 2007.*** Our goal is to enable more of you to take advantage of the educational opportunities provided by the chapter.

## MEMBER PROFILE

Name - Paul Weston, AMTA-Idaho Northern Unit  
Assistant Representative

City of residence? Moscow, Idaho

Family status, children (furry or otherwise)?

Married, no kids or furry creatures

Where do you practice?

Gritman Medical Center, Moscow, Idaho

Where did you receive your massage training?

Graduated in 1997 from the Colorado

Institute of Massage Therapy in

Colorado Springs with 1150 hours

What are your specialties?

Orthopedic massage, sports massage, and pregnancy massage

Why did you become a massage therapist?

I refer to this decision as my "mid-life crisis!" My wife is a physical therapist and had "tweaked" my interest in healthcare.

What did you do before you became a massage

therapist? Scaffolding engineer and

construction – 20 years in Great Britain

and 3 years in Saudi Arabia

What are your hobbies and past times?

Currently training for my 4<sup>th</sup> Ironman

Triathlon, reading, travel, and movies

What other talents besides massage do you have?

I'm bi-lingual. I speak English (Queen's version) and I understand American!!

What are your retirement goals?

Retire at 50 (oops – missed that one)

I'm still working on goals!

How do you protect your arms and hands?

Frequent use of Active Isolated Stretching

## PLEASE UPDATE!!

If your contact information has recently changed, please contact the AMTA National Office at

1-847-864-0123 or [info@amtamassage.org](mailto:info@amtamassage.org) so that we can keep current on this information. Contact

information includes name, mailing address, telephone,

and e-mail address. It is vital that we have updated information in order to keep you informed of current

events happening within our chapter. Thank

you for helping us better serve you.

**IDAHO IN TOUCH AD INFORMATION**

½ page - 7" wide x 5" high

\$65 per ad for one insertion

\$58 per ad for multiple insertions

¼ page vertical - 3.5" wide x 5" high

\$45 per ad for one insertion

\$40 per ad for multiple insertions

¼ page horizontal - 7" wide x 2.5" high

\$45 per ad for one insertion

\$40 per ad for multiple insertions

Business card size

\$20 per insertion

Camera-ready, black and white ads must be submitted with payment by deadline date.

Deadline dates:

February 15, May 15, August 15, November 15

Publish dates:

March 1, June 1, September 1, December 1

Make checks payable to **AMTA-Idaho** and mail to:  
Gayla Nickel, 445 Marjacq Avenue, Idaho Falls,  
Idaho 83401.

# AMTA-IDAHO BOARD OF DIRECTORS MEETING

May 2, 2008, in Idaho Falls, Idaho

The meeting was led by Brenda Foster, AMTA-Idaho President, and the following officers were present:

Brenda Foster, President	Mary Butler, Northern Unit Assistant Rep/Ed Chair
Linda Smeltz, Treasurer	Colby Inzer, Government Relations Chairman
Gayla Nickel, Acting Secretary	Dydra Cleven, Member Visitor
Kim Wallingford, Central Unit Representative	Gail Ochi, Member Visitor
Trisha Pennell, Eastern Unit Representative	Mandy Shenk, Member Visitor
Loretta Tye, Northern Unit Representative	Paul Weston, Member Visitor
Stacy Fisher, Western Unit Representative	

The treasurer reported the following: Current assets, liabilities, and equity is \$28,498.47.

Proposed annual budget, amended and approved:	Actual as of January 2008	Proposed Annual Budget
<b>REVENUE</b>		
Chapter Portion of National Dues	\$ 7,905.00	\$ 8,000.00
Chapter Fee	\$ 7,137.00	\$ 7,200.00
Registrations	\$ 9,404.00	\$ 9,500.00
Advertising	\$ 65.00	\$ 100.00
Product Sales	\$	\$
Interest Income	\$	\$
Other Income	\$	\$ 1,000.00
Raffle Tickets/Convention for Legislation Fund	\$ 165.00	\$ 200.00
<b>TOTAL REVENUE</b>	<b>\$24,676.00</b>	<b>\$26,000.00</b>
<b>EXPENSES</b>		
Accounting and Legal	\$	\$
Bank Charges	\$ 86.79	\$
Office Supplies	\$ 248.80	\$ 400.00
Postage & Shipping	\$ 755.27	\$ 800.00
Entertainment and Meals	\$ 3,142.38	\$ 500.00
Travel	\$10,843.27	\$ 2,600.00
Newsletter: Printing & Reproduction	\$ 1,003.72	\$ 1,100.00
Insurance	\$	\$ 600.00
Dues President AMTA	\$ 260.00	\$ 260.00
Gifts	\$ 26.31	\$ 30.00
State Convention/meeting rooms and meals	\$ 928.37	\$
State Convention/meeting rooms/meals/educators	\$	\$10,300.00
Meritorious Award	\$	\$ 300.00
National Convention	\$ 1,140.00	\$ 1,250.00
Photocopying	\$ 131.59	\$ 150.00
Educators/State Convention and Unit Meetings	\$ 5,968.52	\$
Unit meetings	\$	\$ 1,100.00
Board meetings	\$	\$ 1,100.00
Video Library	\$	\$
AMTA Foundation \$ Per Member	\$	\$
Legislative fund	\$	\$ 350.00
MERT	\$	\$
WEB page	\$	\$ 550.00
Officer Retreat and Leadership Training	\$	\$ 2,500.00
350 + raffle to Legislative fund 2007	\$	\$ 515.00
Legislative fund 2006-2007	\$	\$ 700.00
Convention raffle to Legislative fund 2008	\$	\$ 200.00
<b>TOTAL EXPENSE</b>	<b>\$24,535.02</b>	<b>\$25,305.00</b>
<b>SURPLUS (DEFICIT)</b>	<b>\$ 140.98</b>	<b>\$ 695.00</b>

The membership report was as follows:

Professional members	253
Student members	61
School members	6
Supporting members	<u>1</u>
Total current members	321

The newsletter report was as follows:

<u>Date</u>	<u>Printing</u>	<u>Postage</u>	<u>Subtotal</u>
December	\$230.37	\$139.40	\$369.77
March	<u>190.41</u>	<u>139.40</u>	<u>329.81</u>
Totals	\$420.78	\$278.80	\$699.58

Stacy Fisher was acknowledged and thanked for her work on the chapter website. It is very professional and easy to use. We hope the members will take advantage of it.

Colby Inzer announced his resignation as Government Relations Chairman due to other time commitments. He informed the board that the American Medical Massage Association would like to assist us in creating an Idaho law that would work for everyone in the profession.

The board discussed the pro's and con's of the Annual Officers' Retreat and Leadership Training. It was suggested that the retreat should be discontinued so that the money could be put back into chapter member education, for example, bringing in higher quality education and making the workshops for AMTA members only. The board was reminded that the concept of the retreat actually came from national, and that the purpose is education of the officers as well as unity, encouragement, motivation, brain storming, and nurturing. The board voted to keep the retreat on our budget. They then discussed the pro's and con's of combining the retreat with the state convention to save travel expenses but voted that it would be more effective when held separate from the convention so that newly elected officers could prepare to be present.

Due to an error in scheduling airfare for one of the convention instructors, Mary was required to pay an additional \$375 to change the itinerary. The board voted to cover the cost from the chapter budget and that Mary should not be held financially responsible for the error.

Brenda Foster, AMTA-Idaho Past President

Brenda presented to the board the certificates received from the National Certification Board certifying our chapter as an NCB approved provider. She also presented the new chapter education certificate containing all of the required NCB approved provider information. Approval is retroactive for three years from May 29, 2007.

The treasurer discussed the plan to reorganize the category headings on the chapter budget providing more detailed headings so that we can see more clearly exactly where our money is being spent and budget more wisely. As it stands now, the headings are too general and sometimes confusing.

Trisha reported that the only challenges she had in preparation for the State Convention were finding enough demo bodies for the cancer class and finding a last minute replacement for the ethics class. Tammie Wood was recognized for soliciting the contents of the wonderful goodie bags that were given to each participant at the convention as well as the door prizes and raffle prizes. Trisha also reported that she marketed the convention to surrounding states, including Montana, Wyoming, Utah, and Nevada, and in the process developed a beneficial relationship with the Nevada chapter for exchanging information for our current conventions as well as information in the future. There were 30 registrants at the convention, of which three were non-AMTA members.

Brenda reminded all officers to please send reimbursement vouchers to the treasurer for her signature before sending them on to national for reimbursement, and that copies should be sent for the treasurer and president to keep. We were also reminded that reimbursement will be paid only *after* the expense has been accrued. If an officer needs money before an event, that can possibly be obtained with a Chapter Check Request, but the exact amount must be presented on the request and the receipts turned in following the event. She passed on a plea from the national treasury office that we please honor the policy that board members are not to call national with chapter treasury requests. All requests are to go through the president and treasurer first.

Brenda has been compiling the Chapter Manual and will continue to do so as Past President. Nominations for the Chapter Meritorious Award were taken. Stacy was nominated for creating our new website. Brenda was nominated for completing the lengthy NCB Approved Provider Application and for all the service she rendered as president over the past four years. The vote was unanimous in favor of Brenda.

It was reviewed that the rotation for the state convention host is as follows: Northern, Central, Western, Eastern  
It was reviewed that the rotation for the BOD meetings host is as follows: Eastern, Central, Western, Northern

The date for the Officers' Retreat and Leadership Training was set for June 20-22, 2008.  
The date for the fall unit meetings and workshops was set for the weekend of September 5-6, 2008.  
The date for the fall BOD meeting was set for September 13, 2008.  
The date for the AMTA-National Convention 2008 is the week of September 17-20, 2008.  
The next AMTA-Idaho State Convention will be held in the northern unit in May 2009.

## **ANNUAL AMTA-IDAHO OFFICERS' RETREAT AND LEADERSHIP TRAINING**

Held on June 20-22, 2008, at the Oxford Suites

1426 South Entertainment Avenue, Boise, Idaho 83709

208-322-8000, Reservations have already been made in your honor!

The Oxford Suites offers a free shuttle from the Boise airport. Before getting your luggage, call the hotel at the number listed above, and request a shuttle. They will inform you over the phone where to meet the transportation, and they will be there within approximately 15 minutes of your call.

If you are driving from the west to the east, take exit 50A and turn right.

If you are driving from the east to the west, take exit 50A and turn left.

You can easily see the Oxford Suites from the freeway.

Bring relaxing clothing for classes, clothing for eating out, and swimwear.

Remember to keep all receipts for reimbursement.

The intentions of the Officers' Retreat and Leadership Training are as follows:

- \* To educate new officers in their roles of service
- \* To educate all officers in the policies and procedures of the chapter
- \* To motivate unity amongst the officers
- \* To stimulate brainstorming and an exchange of ideas
- \* To nurture the officers in return for their service to the chapter

### **FRIDAY:**

3:00 Check in  
3:30 Training for newly elected  
and newly appointed officers  
4:00 Massages  
6:30 Dinner  
8:00 Massages

### **SATURDAY:**

8:00 Breakfast  
9:00 Leadership training  
for all officers  
12:00 Lunch  
2:00 Playtime at the Boondocks  
6:30 Dinner  
8:00 Massages

### **SUNDAY:**

8:00 Breakfast as you please  
9:00 Massages  
11:00 Check out

## AMTA-IDAHO ANNUAL MEMBER MEETING

May 3, 2008, in Idaho Falls, Idaho

The meeting was led by Brenda Foster, AMTA-Idaho President, and the following participants were present:

Hannah Benson, Member	Gayla Nickel, Member	Linda Smeltz, Member
Mary Butler, Member	Annie Nicol, Member	Loretta Tye, Member
Dydra Cleven, Member	Gail Ochi, Member	Kim Wallingford, Member
Stacy Fisher, Member	Trisha Pennell, Member	Paul Weston, Member
Brenda Foster, Member	Mandy Shenk, Member	Karen Seal, Non-AMTA
Brooke Galo, Member	Judy Silcock, Member	Sommers Gerratt, Non-AMTA
DianaMarie Morgan, Member	Patti Slagel, Member	Jaime Elswick, Guest Instructor

Minutes of the Annual Member Meeting 2007 were read and corrections were made, following which the members voted to approve them as corrected. The Proposed Annual Budget was presented and clarified, following which the members voted to approve it as presented.

Election candidates were introduced and asked to briefly speak to the group. Following a ballot voting, the following officers were congratulated and sworn in as elected officers of the AMTA-Idaho Chapter:

Trisha Pennell	President
Linda Smeltz	1 <sup>st</sup> Vice President
Susan Beck	2 <sup>nd</sup> Vice President
Stacy Fisher	3 <sup>rd</sup> Vice President
Kim Wallingford	Secretary
Mary Ann McNeely	Treasurer
Patti Slagel	Central Unit Representative
Paul Weston	Northern Unit Assistant Rep
Mandy Shenk	Western Unit Representative
Enid Atkinson	Western Unit Assistant Rep
Linda Smeltz	Chapter Delegate 2009
Judy Silcock	Chapter Delegate Alternate 2009

Brenda presented the chapter NCB Approved Provider certificates to the members and explained that the approval is retroactive for three years from May 29, 2007. It was also announced that Brenda has been nominated for the Chapter Meritorious Award that will be presented at the AMTA-National Convention 2008.

Judy Silcock, chairman of the National Re-Certification committee, announced that the board has created a new and easier NCB Approved Provider Application available online. She also informed us that they are now accepting other forms of recertification requirements under the category of “200 hours of hands-on experience” such as instruction, authoring and publishing, etc. She directed us to please sign a poll informing the board whether we would like to keep the recertification requirement at every four years or change it to every two years.

Feedback was taken from the non-AMTA participants as to how we can improve our communications with them in preparation for the convention as well as during the convention. Judy Silcock They also suggested providing more accessible membership information.

Door prizes and raffle prizes were awarded. The next Annual Member Meeting will be held at the AMTA-Idaho State Convention in May 2009.

# MARK YOUR CALENDARS!

## The AMTA-Idaho Unit Meetings and Workshops are scheduled to be held the weekend of September 5-6, 2008.

Get the dates in your appointment books,  
start saving your money,  
and plan on attending this fall!

In addition to excellent, NCB approved continuing education, you will also have the opportunity to attend your unit's business meeting and exercise your right to vote on the affairs of the association. Below is a summary of the Recommendations that will be considered at the 2008 House of Delegates Meeting at the National Convention in September. You have the opportunity to discuss and express your opinion on these issues, and your vote is vitally important so that *the chapter delegate can represent you* in this meeting. Log online at [www.amtamassage.org/member/recommendations.html](http://www.amtamassage.org/member/recommendations.html) to read the Recommendations in their entirety.

**#1 Recommendation Regarding Agendas be Distributed to Chapter Representatives** submitted by AMTA-Indiana Chapter  
Therefore, be it resolved, that the House of Delegates recommends to the National Board of Directors that the delegated Chapter representatives will be provided a summary of agenda items and be granted an opportunity to openly address concerns and issues, in the discussion process, in whatever way the National Board of Directors deem reasonable, at every open meeting of the National Board of Directors.

**#2 Recommendation Regarding Term of Office for Delegates** submitted by AMTA-Indiana Chapter  
Therefore, be it resolved, that the House of Delegates recommends to the National Board of Directors, that the language "term of office shall not exceed two (2) consecutive elected years" be dropped and not limit the time a member can serve their Chapter as a Delegate in the House of Delegates.

**#3 Recommendation Regarding Delegate's Term** submitted by AMTA-Connecticut Chapter  
Therefore, be it resolved that the House of Delegates recommends to the National Board of Directors to modify the present House of Delegates requirement to allow each chapter to determine whether or not to put a limitation on the number of years a delegate can serve in the House of Delegates, as stated in the suggested Bylaws change.

**#4 Recommendation Regarding Policy Change - Political Action Committees** submitted by AMTA-California Chapter  
The current policy reads: Government Relations, Sec. 1.G. Political Action Committees. AMTA and its Chapters should not create or be affiliated in any way with political action committees (PAC). Federal laws significantly restrict political contributions from 501(c)(6) tax exempt organizations to political candidates. Also each state determines its own rules for PAC creation, contributions, financial disclosure and tax reporting making campaign finance laws that exist at the state level difficult to monitor. These complexities could put the Association at risk if it were involved in or affiliated with PAC's.  
The AMTA-California Chapter Delegation proposes the following change in AMTA policy: Subject to AMTA review, the AMTA and its Chapters may create political action committees (PAC) provided they are operated by professional management services overseen by AMTA Chapters.

**#5 Recommendation Regarding Membership** submitted by AMTA-Illinois Chapter  
Therefore, be it resolved that the House of Delegates recommends to the National Board of Directors that the AMTA bylaws be changed at Article III, Section 2(A)(1) pertaining to Professional Active membership, to add the following new requirement: For any jurisdiction in which the member practices massage, the member must hold a valid license, registration, or certification issued by that state, territory, District of Columbia or municipal government, if such credential is required to practice massage in that jurisdiction.



## AMTA-IDAHO OFFICER ROSTER 2008

### **President**

Trisha Pennell  
420 North 4200 East  
Rigby, Idaho 83442  
208-745-7620, 521-4416  
[trisha@juno.com](mailto:trisha@juno.com)

### **Past President**

Brenda Foster  
PO Box 532  
Rexburg, Idaho 83440  
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### **First Vice President**

Margaret Linda Smeltz  
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### **Second Vice President**

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### **Third Vice President**

**WEB Page Administrator**  
Stacy Fisher  
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### **Secretary**

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### **Treasurer**

Mary Ann McNeely  
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### **Central Unit Representative**

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208-420-0333  
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### **Central Unit Assistant Rep**

### **Eastern Unit Representative**

### **Eastern Unit Assistant Rep**

### **Northern Unit Representative**

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### **Northern Unit Assistant Rep**

Paul Weston  
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208-883-6361  
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### **Western Unit Representative**

Mandy Shenk  
209 East Montana Avenue  
Homedale, Idaho 83628  
208-919-3782  
[mandy@raphamassage.com](mailto:mandy@raphamassage.com)

### **Western Unit Assistant Rep**

Enid Atkinson  
2235 Broadway Avenue  
Boise, Idaho 83706  
703-475-7341  
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### **Video Librarian**

Shelley Jo Hitz  
4075 East 169 North  
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745-0688  
[shelleyhitz@yahoo.com](mailto:shelleyhitz@yahoo.com)

### **Education Chairman**

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### **Newsletter Editor**

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208-524-1696  
[gohthermas@aol.com](mailto:gohthermas@aol.com)

### **Newsletter Marketing Chairman**

### **Membership Chairman**

### **Government Relations Chairman**

### **Chapter Delegate 2008**

Gayla Nickel (see Newsletter Editor)

### **Chapter Alternate Delegate 2008**

Margaret Linda Smeltz (see 1<sup>st</sup> VP)

### **Chapter Delegate 2009**

Margaret Linda Smeltz (see 1<sup>st</sup> VP)

### **Chapter Alternate Delegate 2009**

Judy Silcock

### **Chapter WEB page**

[www.amtaid.org](http://www.amtaid.org)

### **National WEB page**

[www.amtamassage.org](http://www.amtamassage.org)

AMTA-IDAHO  
445 Marjacq Avenue  
Idaho Falls, Idaho 83401